

Aviva Gold, MFA, CSW, ATR-BC, REAT

ART MEDICINE WOMAN

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Professional Background

- 1985 – 2008 **Workshop Leader: Painting From The Source®**, at Aviva's Home Retreat, Spencertown, NY; Esalen Inst., Big Sur, CA; Mana Center, New Zealand; Synergia Ranch, Santa Fe, NM; Sedona Retreat Center, Sedona, AZ; Omega Institute, Rhinebeck, NY; Trimurti, St. Tropez, France; Rowe Conf. Center, Rowe, MA; Kripalu, Lenox, MA; Open Center, NYC; Atsitsa, Skyros Island, Greece; among others.
- 1998-2008 **Author:** *"Painting From The Source: Awakening the Artists Soul in Everyone,"* Originally published by Harper-Collins, (September 1998).
Founder/Teacher: Painting From The Source® Teacher Training Program.
Co-Founder: "Creative Passage Inc," Expressive Arts for Ecology Awareness, not for profit.
Producer: Painting From the Source Complete Instructional DVD.
Keynote Speaker: Art Therapy Conference at Hofstra University, Hempstead, NY, "Reclaiming Our Artist's Soul In The New Millennium."
Painter: Shows in Omega Inst., Rhinebeck, NY & Open Center, Soho, NYC.
Contributor: Essay in "The Soul of Creativity," Tona Pearce Meyers, New World Library(1999).
Supervisor: of workshop leader and expressive arts therapists.
- Corporate Presenter:** "Creative Breakthrough for Mind, Body and Spirit", American Society of Association Executives Conference, Chicago (July 1997). Nashville, TN (August 1998).
- Painter:** Transformational Approach, "Emergence and Aspects of Wild Woman" Series.
- 1978 – 2008 **Psychotherapist:** Private practice, incorporating Psychotherapy, Art, Jungian, Gestalt, Inner Child Work, Movement and Twelve-Step/Addiction, Forest Hills, NYC (until 1993) and Spencertown, NY, (until 2005); Ojai, CA.
- 1966 – 2008 **Mother:** Sabin, max and Josh. **Grandmother:** Benjamin and Olivia.
- 1986 – 1994 **Public Speaker:** Part-time, Creative and Emotional Development in Children, New Hope Guild Mental Health Clinic, Brooklyn, NY.
- 1980 – 1988 **Adult Education Teacher:** Art Therapy, Dream Work, Psychology of Expectant Parenthood, Human Sexuality (and other topics), Queensboro Community College, Bayside, NY; School for Social Work, Adelphi University, Garden City, NY; Clinical Staff of Bureau of Non-Public Schools, NYC Board of Education; Pratt Institute Art Therapy Expo, Brooklyn, NY ; Queens College, Queens, NY; Association for Birth Psychology, NYC.
- 1980 – 1985 **Director:** Part-time, Expressive Analysis Consultation Center, NYC.
Social Worker: Bureau of Non-Public Schools, Board of Education, NYC.

- Psychotherapist:** Part-time, New Hope Guild Mental Health Clinic, Howard Beach, NY.
- 1980 – 1983 **Consultant and Program Developer:** Part-time, "New Beginnings" Teenage Pregnancy Program, J-CAP, Substance Abuse Rehab, Jamaica, NYC.
- 1974 – 1982 **Art Therapist and Creative Arts Program Developer:** NYC Board of Education. Settings included: Bellevue Psychiatric Hospital, Mount Sinai Psychiatric Hospital and Girls Town, in Manhattan, NYC; Othillie Home for Boys, and P.S. 177Q, School for Emotionally Handicapped Children, Queens, NYC.
- 1972 – 1973 **Instructor in Painting and Art Appreciation,** New Mexico State College, Alamogordo, NM.
- 1967 – 1974 **Natural Childbirth Educator and Lactation Consultant,** San Francisco, CA; Alamogordo, NM; Tucson, AZ; and New York City.
- 1962 – 1970 **Art Teacher:** Grades K – 9, New York City Board of Education, NYC.
- 1962 to date **Painter:** National and International group and solo shows.

Education

Workshops and Training Institutes:

- Healing Theater with Jean-Claude von Itallie, Rowe, VT .
- Shamanistic Studies, Yoga, and Trekking in Nepal with Umesh and Chhongba Sherpa, Katmandu and Eastern Nepal.
- Addiction and Inner Child Recovery work, Carron Family Foundation, Wernersville, PA; Kripalu, Lenox, MA.
- Gestalt Therapy with Rachel Brier, Lenox, MA,; Esalen Insti., Big Sur, CA
- Holotropic Breath Work with Stanislov Grof, Omega Institute, Rhinebeck, NY; Esalen Institute, Big Sur, CA; Putney, VT.
- Jungian Mythology and Dream Work with John Thomas Alexander, Lee, MA. Pacifica College, continuing education, Santa Barbara, CA.
- Kripalu Yoga, Kripalu, Lenox, MA.
- Iyengar Yoga and Shamanistic Studies with Ann Barrows, Bali, Indonesia.
- Shamanism and Sacred Ritual with Lorna Roberts, NYC.
- Personal Totem Pole Process with Steve Gallegos, Santa Fe, NM.
- Reichian Voice work with Emily Durr, Santa Fe, NM.
- Soul Motion, with Vinn Marti, Esalen Institute, Big Sur, CA.

Degrees and Certificates:

- 1998 **Board Member,** International Expressive Arts Therapy Association.
- 1995 **Board Certified,** American Art Therapy Association.
- 1993 **Graduate,** Gestalt Institute of the Berkshires, Lenox, MA.
- 1987 **Graduate/Member,** Institute of Expressive Analysis, NYC.
- 1986 **Certified Psychoanalytic Social Work,** New York State.
- 1985 **Master of Social Work,** Adelphi University, Garden City, NY.
- 1979 **Master of Professional Studies in Art Therapy and Creativity Development** (minor in **dance therapy**), Pratt Institute, Brooklyn, NY.
- 1965 **Master of Fine Arts,** Pratt Institute, Brooklyn, NY.
- 1962 **Bachelor of Fine Arts,** Art Education, Syracuse University, Syracuse, NY.
- 1958 **Graduate,** High School of Music and Art, NYC.