

Aviva Gold, MFA, CSW, ATR-BC, REAT
Art Medicine Woman
308 N. Blanche St. #1
Ojai, CA. 93023, USA
(805) 640-1724
www.PaintingFromTheSource.com
info@paintingfromthesource.com



Professional Background

1985 – 2011 **Workshop Founder and Facilitator:** "Painting From The Source."

Women's Spirituality Conf. Turin, Italy
Esalen Institute, Big Sur, CA
Studio Maui, HI
Mount Madonna, Watsonville, CA
Studio OndaMarina, Praticello, Italy
Ojai Foundation, Ojai, CA
Findhorn Foundation, Scotland UK
CIIS, San Francisco, CA
Mana Center, New Zealand

Naropa Institute, Boulder, CO
Synergia Ranch, Santa Fe, NM
Sedona Center, Sedona, AZ
Omega Institute, Rhinebeck, NY
Trimurti, St. Tropez, France
Rowe Conf. Center, Rowe, MA
Kripalu Center, Lenox, MA
Open Center, NYC
Atsitsa, Skyros Island, Greece

1998-2011 **Author:** *Source Art in the World: How Your Creativity Heals the Planet*, (2011, *Painting From The Source: Awakening the Artists Soul in Everyone*, Harper-Collins, (1998), USA & UK; Italian Trans., Verdechiaro Edizioni (2009).
Book Tour/ TV, Radio, Magazine Interviews: USA and Canada.
Developer and Founder: "Painting From the Source" Teacher Training Program & Training Manual for five International PFTS Teacher Trainings.
Co-Founder: Creative Passage: Arts to Re-enchant People & Planet, Nonprofit .
Producer: Painting From the Source DVD, 4 hours with special features.
Keynote Speaker: Art Therapy Conference, "Reclaiming Our Artist's Soul," Hofstra University, Hempstead, NY.
Contributor to: "The Soul of Creativity," Tona Pearce Meyers, New World Library (1999), "The Creative Soul Lives In the Shadows."
Presenter: "Creative Breakthrough for Mind, Body and Spirit," American Society of Association Executives Conference, Chicago (1997), Nashville, TN (1998)
Painter: Transpersonal Approach, "Emergence of Wild Woman."
Installations include Omega Institute, Rhinebeck, NY; Open Center, Soho, NYC; Kripalu, MA.

1978 – 2011 **Psychotherapist, Supervisor & Consultant:** private practice, using Art, Jungian, Gestalt, and 12-Step Recovery Work in NYC, (until 1993), Spencertown, NY (until 2005), Ojai CA (current).

1986 – 1994 **Public Speaker:** Part-time, Creative and Emotional Development in Children, New Hope Guild Mental Health Clinic, Brooklyn, NY.

1980 – 1988 **Lecturer and Workshop Leader:** Topics Include: Art Therapy, Dream Work, Psychology of Expectant Parenthood, and Human Sexuality at:
Continuing Ed, Queensboro Community College, Bayside, NY;
School of Social Work, Adelphi University, Garden City, NY;

- Clinical Staff Meetings of The Bureau of Non-Public Schools, NYC Board of Education; Pratt Inst. Art Therapy Expo, Brooklyn, NY; Queens College, NY; and, Association for Birth Psychology, NY.
- 1980 – 1985 **Director:** Part-time, Expressive Analysis Consultation Center, NYC.
Social Worker: Part-time, Bureau of Non-Public Schools, Board of Ed., NYC.
Psychotherapist: Part-time, New Hope Guild Mental Health Clinic, Howard Beach, NY.
- 1980 – 1983 **Consultant and Program Developer:** Part-time, “New Beginnings” Teenage Pregnancy Program, J-CAP Substance Abuse Rehab., Jamaica, NY.
- 1974 – 1982 **Art Therapist and Creative Arts Program Developer:** New York City Board of Education. Settings include: Bellevue Psychiatric Hospital; Mount Sinai Psychiatric Hospital; Girls Town; Otillie Detention Home for Boys; and, P.S. 177Q, School for Emotionally Handicapped Children.
- 1972 – 1973 **Instructor in Painting and Art Appreciation,** New Mexico State College, Alamogordo, NM.
- 1967 – 1974 **Natural Childbirth Educator and Lactation Consultant,** San Francisco, CA; Alamogordo, NM; Tucson, AZ; and, NYC.
Mother of three.
- 1962 – 1970 **Art Teacher:** K – 9, New York City Board of Education, NYC.

Workshops and Training Institutes attended:

- Eco Activism, “The Work That Reconnects,” Joanna Macy, Ojai, CA.
 - Federation of Damanhur Community, Tour, Talks, Retreat, Italy.
 - Soul Motion (Ecstatic Dance), with Vinn Marti, Esalen Institute, Big Sur, CA.
 - Healing Theater with Jean-Claude von Itallie, Rowe, MA.
 - Shamanistic Studies, Yoga, and Trekking in Nepal with Chhongba Sherpa.
 - Addiction and 12-Step Recovery Work, Carron Family Foundation, PA.
 - Gestalt Therapy Training with Rachel Brier, Lenox, MA; Esalen Inst., Big Sur, CA.
 - Holotropic Breath Work with Stanislov Grof, Omega Institute, Rhinebeck, NY; Esalen Institute, Big Sur, CA; and, Putney, VT.
 - Jungian Mythology and Dream Work with John Thomas Alexander, Lee, MA.
 - Kripalu Yoga, Kripalu Center, Lenox, MA.
 - Iyengar Yoga and Shamanistic Studies with Ann Barrows, Bali, Indonesia.
 - Shamanism and Sacred Ritual with Lorna Roberts, NYC.
 - Personal Totem Pole Process with Steve Gallegos, Santa Fe, NM.
 - Reichian Voice Work with Emily Durr, Santa Fe, NM.
- 1998 **Member,** International Expressive Arts Therapy Assoc.
- 1995 **Board Certified,** American Art Therapy Association.
- 1993 **Graduate,** Gestalt Therapy Institute of the Berkshires, Lenox, MA.
- 1987 **Member,** Institute of Expressive Analysis, Psychoanalytic Training, NYC.
- 1985 **Master of Social Work,** Adelphi University, Garden City, NY.
- 1979 **Master of Professional Studies in Art Therapy and Creative Development** (Minor in Dance Therapy), Pratt Institute, Brooklyn, NY.
- 1965 **Master of Fine Arts,** Pratt Institute, Brooklyn, NY.
- 1962 **Bachelor of Fine Arts,** Art Education, Syracuse University, Syracuse, NY.
- 1958 **Graduate,** High School of Music and Art, (Art Track), NYC.